

Quick Tips

HOW TO KNOW IF A PROVIDER IS RIGHT FOR YOU

- Do I trust the provider?
- Do I feel comfortable asking the provider questions?
- Do I feel comfortable sharing my concerns with the provider?
- Does the provider allow time for questions, or does he “listen with his answer running?”
- Does the provider prioritize my questions or leave them until the end of our time together?
- How accessible is the provider when I have a question or concern? Can I communicate via a secure portal outside of business hours?
- Does the provider trust my intuition? Are my hunches valued and treated with respect?
- How does the provider respond when I ask for clarification or respectfully push back?
- Does the provider communicate in ways that I understand? Does she use family-friendly language? Does she provide visual aids?
- Does the provider make time to get to know my child? Does he interact with my child, even if my child is nonverbal?
- Does the provider treat my child as a person first - and then a patient?
- Does the provider ask how I’m doing and what support I need?
- How does the provider respond when I share credible medical research to support my questions or guide our conversations?
- How well does the provider communicate with my child’s primary care doctor and other specialists? Does she share readily information with the rest of my child’s care team?

